



# PRODUCT DATA SHEET



# FBX 2.0

## Advanced Pre-Training Formula

<b>1.5g</b> Agmatine Sulfate	<b>3.2g</b> Beta Alanine	<b>2.5g</b> Creatine	<b>500mg</b> Glutamine	<b>0g</b> Sugars	<b>31</b> Servings
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**Size:** Net. Wt. 2.0 LBS (908 G) | **Serving Size:** One (1) Scoop (Approx. 28.7 g) | **Servings Per Container:** 31

**FBX 2.0** is the next evolution in pre-workout technology. Improving upon the original FBX formula, **FBX 2.0** is the culmination of the newest and most current pre-training sports science developed to blast your muscles with energy producing fuel, greater blood flow, enhanced intensity and mental focus and the optimization of fluid and electrolyte levels.<sup>†</sup>

**FBX 2.0** includes the most effective ingredients that have been extensively researched and tested for pre-workout performance. The proprietary blends in **FBX 2.0** include three key patented ingredients in the efficacious amounts to ensure maximum potency and effect. The formula is driven by clinically validated doses of 1.5 grams of AGMass™ Agmatine Sulfate, 3.2 grams of CarnoSyn® Beta-Alanine and 2.5 grams of Creapure® Creatine Monohydrate making it superior to any other pre-workout formula currently available. Nootropic or mental energy, focus and clarity ingredients like caffeine, ginseng, vinpocetine and evodiamine are added in the correct amounts as to not counteract the physioactive benefits of AGMass™ Agmatine Sulfate, CarnoSyn® Beta-Alanine and Creapure® Creatine Monohydrate. **FBX 2.0** delivers the precise combination and amounts of these essential ingredients in order for you to get the most out of your workouts.<sup>†</sup>

You're literally going to see and feel the difference when you use **FBX 2.0**, the most advanced pre-training formula ever developed.<sup>†</sup>

### Key Features and Benefits of the Three Synergistic Blends in the FBX 2.0 Formula:

#### Volumizing & Expansion Blend

Beta-Alanine (as CarnoSyn®) is the only patented and scientifically proven form of beta-alanine for human performance. Licensed under Natural Alternatives International, Inc. global estate, it has 21 global patents and supported by over 44 scientific studies of which 41 have been published proving it builds better muscles in a wide range of athletes. Biochemically, beta-alanine makes carnosine in human muscles and the availability of beta-alanine is the rate limiting step. Concentrated in the "fast-twitch" (Type II) fibers of muscles, carnosine functions as a powerful antioxidant and increases the pH and buffering capacity in muscles from the accumulation of lactic acid and the subsequent release of hydrogen ions (H<sup>+</sup>) during high intensity exercise. Intramuscular acidosis has been attributed to be one of the main causes of fatigue during intense exercise. Beta-Alanine (as CarnoSyn®) has shown to increase muscle carnosine by 80% resulting in increases in muscle strength, decreases in acidosis, improvements in muscle endurance, delays fatigue during workouts, supports nitric oxide (NO) production and improves overall workout performance.<sup>†</sup>

Creatine Monohydrate (as Creapure®) is made by AlzChem GmbH, Trostberg, Germany and is an ultrapure creatine monohydrate, produced under a patented manufacturing process and recognized worldwide as the benchmark for purity, quality, safety and effectiveness. Each production batch is rigorously tested by state-of-the-art analytical methods for purity (99.99%) to make sure harmful impurities like dicyandiamide, thiourea and dihydrotriazine are not present. Creatine Monohydrate (as Creapure®) regenerates the primary energy molecule (ATP) in muscles for high-intensity and endurance performance. Creatine also serves as an intracellular buffer, supporting the reduction of delayed onset muscle soreness (DOMS) and muscle discomfort.<sup>†</sup>

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### YOUR ASSURANCE OF QUALITY®



### KEY FEATURES

- **Clinically Tested Ingredients Maximize Muscle Volume, Expansion & Blood Flow**
- **Vaso-Active Formula Increases Power, Endurance & Stamina**
- **Scientifically Developed Nootropic Benefits to Intensify Mental Energy, Focus & Clarity**
- **Powered by 3.2g Beta-Alanine (as CarnoSyn®), 2.5g Creatine Monohydrate (as Creapure®) and 1.5g Agmatine Sulfate (as AGMass™) per Serving.**

### KEY MESSAGES

- Contains Beta-Alanine (as CarnoSyn®) that is the precursor to carnosine. Carnosine functions as a powerful antioxidant and increases the buffering capacity of muscles during high intensity exercise.<sup>†</sup>
- Contains Creatine Monohydrate (as Creapure®) that is an ultrapure creatine monohydrate and recognized worldwide as the benchmark for creatine purity, quality, safety and effectiveness. Creatine functions to regenerate the primary energy molecule (ATP) in muscles. Creatine also serves as an intracellular buffer reducing delayed onset muscle soreness (DOMS) and muscle discomfort.<sup>†</sup>
- Agmatine Sulfate (as AGMass™) is the premier form of agmatine sulfate on the market and not derived from 1,4 Diaminobutane. Agmatine sulfate functions to increase nitric oxide (NO) synthesis and provide cardiovascular and neurotransmitter functions.<sup>†</sup>
- Citrulline Malate promotes aerobic energy production, serves to remove lactate and ammonia from muscle cells, reduces muscle fatigue and supports arginine synthesis and plays an important role in NO production.<sup>†</sup>
- Provides Glutamine as the most abundant amino acid in skeletal muscle and especially beneficial for muscle repair after physical and metabolic stress. Frequently depleted due to overtraining, the addition of glutamine supports positive nitrogen balance, GH and immune function<sup>†</sup>
- The Energy & Intensity Blend contains caffeine, guarana and ginseng that have ergogenic and nootropic benefits in their ability to increase alertness and energy levels. Adenosine is an essential component of ATP, the primary energy molecule in the body.<sup>†</sup>
- The Focus & Clarity Blend contains tyrosine, vinpocetine and evodiamine for additional nootropic benefits.<sup>†</sup>
- Contains performance supportive nutrients including vitamins B6 and B12 and the minerals magnesium, manganese and vanadium.<sup>†</sup>

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<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Size:** Net. Wt. 2.0 LBS (908 G) | **Serving Size:** One (1) Scoop (Approx. 28.7 g) | **Servings Per Container:** 31

## Supplement Facts

Serving Size: One (1) Scoop (Approx. 28.7 g) Servings Per Container: 31		
	Amount Per Serving	%Daily Value*
<b>Calories Per Serving</b>	102	
Calories from Fat	0	
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	180 mg	7%
<b>Potassium</b>	36 mg	1%
<b>Total Carbohydrate</b>	13 g	4%
Dietary Fiber	<1 g	0%
Sugars	0 g	
<b>Protein</b>	0 g	0%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Vitamin B12 (as cyanocobalamin)	35 mcg	583%
Magnesium (as citrate)	50 mg	5%
Manganese (as gluconate)	1 mg	50%
Vanadium (as vanadyl sulfate)	60 mcg	**
<b>Volumizing &amp; Expansion Blend</b>	7.8 g	**
Beta-Alanine (as CarnoSyn®), Creatine Monohydrate (as Creapure®), Agmatine Sulfate (as AGmass™), L-Glutamine, Citrulline Malate		
<b>Energy &amp; Intensity Blend</b>	261 mg	**
Caffeine Anhydrous, Adenosine, Panax ginseng powder (leaf), Guarana powder (seed)		
<b>Focus &amp; Clarity Blend</b>	58 mg	**
L-Tyrosine, Vinpocetine, Evodiamine		

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

**Directions:** Mix one scoop (Approx. 28.7g) with 8-12oz. cold water, 10-30 minutes prior to your workout preferably without food. Adjust water for taste preference.

**Other Ingredients:** Maltodextrin, Citric Acid, Sodium Bicarbonate, Natural and Artificial Flavors (FD & C Red No. 40), Acesulfame Potassium, Sucralose Sweetener.

**Each serving contains 178mg caffeine.**

Manufactured in a cGMP facility that processes milk, egg, fish, Crustacean shellfish, tree nuts, wheat and soybeans.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.**



AGmass™ is a trademark of Compound Solutions, Inc.



CarnoSyn® trademark and patents owned by Natural Alternatives International, Inc., www.carnosyn.com.



Creapure® is a registered trademark of AlzChem LLC.

**WARNING:** Consult a physician before starting any diet and exercise program and before using this product. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. If pregnant, nursing or taking prescription medications, consult a licensed health care practitioner prior to use.

This product contains beta-alanine. Beta-alanine may produce a mild tingling effect (paresthesia) or flushing sensation of the skin on initial use. This is similar to the niacin flush and most people are not bothered by this effect. Drinking water can help minimize this sensation. Reducing the serving size or adding more water may also help resolve this.

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Agmatine Sulfate (as AGmass™) from Compound Solutions, Inc. is a high purity and natural source of agmatine manufactured by fermentation. Agmatine Sulfate (as AGmass™) is the premier form of agmatine sulfate on the market having been HPLC tested for purity and potency and is not derived from 1,4 Diaminobutane. Agmatine sulfate has diverse biochemical and physiological functions in the body including nitric oxide (NO) synthesis, cardiovascular and neurotransmitter functions to support overall sports performance.†

Glutamine is the most abundant amino acid in body and highly concentrated in skeletal muscles (60%). Glutamine is often depleted due to over training, stress and poor diet. Glutamine is utilized to repair fatigued muscles and support the natural production of GH which is important to muscle recovery and gains. Glutamine also supports the immune system and healthy gut function.†

Citrulline Malate promotes aerobic energy production, serves to remove lactate and ammonia from muscle cells, reduces muscle fatigue and supports arginine synthesis and part of the NO manufacturing system in the body. Citrulline malate promotes longer workouts, less muscle soreness and better recovery.†

### Energy & Intensity Blend

Caffeine, Guarana and Ginseng are known for their ergogenic and nootropic benefits in their ability to increase alertness and energy levels. Nootropics are ingredients that improve aspects of mental energy, focus, concentration and motivation. Adenosine is an essential component of ATP (Adenosine Tri-Phosphate), the primary energy molecule in the body.†

### Focus & Clarity Blend

Ingredients in the Blend provide nootropic benefits. Tyrosine is the precursor to epinephrine and norepinephrine which are produced during high intensity exercise. Vinpocetine enhances the circulation and cerebral blood flow improving oxygen utilization for support of energy. Vinpocetine has neuroprotective and antioxidant benefits. Evodiamine is a unique compound that acts on the vanilloid receptors to help with body fat utilization.†

There has never been a formula like this on the market and Max Muscle is the only one who has it. **FBX 2.0** should be used in combination with regular exercise and a proper nutrition plan for maximum results. Feel the pump, the energy, the focus and the intensity!†

## TARGET MARKET

**Primary:** Athletes who are looking for a best-in-class, pre-training formula to support overall sports performance.

## RECOMMENDED STACK

- **MaxxTOR**
- **MITOR**
- **Pro BCAA**

## KEY REFERENCES

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## KEY MESSAGES (cont'd from p.1)

- Provides intermediate molecular weight carbohydrates for sustained energy!†
- Provides mineral electrolytes that work together to promote continued muscle contraction and prevent cramping.†

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**YOUR ASSURANCE OF QUALITY®**

